



# WHERE DO I START? GENERAL RESOURCES

for Parents of Children with Disabilities  
or Special Health Care Needs



Between the alphabet soup of disability labels, laws and regulations (IEP, ADA, IDEA, SSI) and the different agencies that serve families with sons and daughters with disabilities (P2P, PEAK, CDE, Arc), it can get a little confusing! *Here is a quick guide to some major statewide resources (unless otherwise noted) and what they provide.*

### **Parent to Parent of Colorado (P2P)**

*P2P will help get you to the right resources. Contact us—we're all in this together.*

- One to one parent matching, parent support, information and referral
- Active online listserv linking parents throughout the state
- Website with disability specific resources, parent support groups and more



**1-877-472-7201**  
[p2p-co.org](http://p2p-co.org)  
[info@p2p-co.org](mailto:info@p2p-co.org)

### **The Arcs in Colorado**

- Local chapters (listed on The Arc of Colorado website) provide advocacy services for persons with developmental disabilities and their families
- Information and referral, public policy support, community education



**303-864-9334**  
[thearcofco.org](http://thearcofco.org)

### **Assistive Technology Partners**

- Clinical AT services, outreach and information, annual resource exhibition
- Web-based technology exchange program; database of AT funding resources



**1-800-255-3477**  
[assistivetechpartners.org](http://assistivetechpartners.org)

### **Colorado Cross-Disability Coalition (CCDC)**

- Offers information, advocacy and assistance on disability rights issues for youth and adults with all types of disabilities
- Supports and advances public policy impacting the disability community



**303-839-1775**  
[ccdconline.org](http://ccdconline.org)

### **Colorado Dept of Education (CDE) - Office of Special Education**

- Website resources on special education law, school/district programs, etc.
- FAST FACTS on a variety of topics

**303-866-6694**  
[www.cde.state.co.us/cdesped/index.asp](http://www.cde.state.co.us/cdesped/index.asp)

### **Citizens for Patient Safety**

- Promotes patient safety through access to info about healthcare providers
- Provides resources and support for informed healthcare decision-making

**303-226-5526**  
[citizensforpatientsafety.org](http://citizensforpatientsafety.org)

### **Denver Metro Community Parent Resource Center (CPRC)**

- Mentoring and training for parents to become informed advocates for their children birth to age 26
- Outreach to low-income, culturally and linguistically diverse families

**303-365-2772**  
[denvermetroprc.org](http://denvermetroprc.org)

### **Division for Developmental Disabilities (DDD)**

- Provides various services to individuals with developmental disabilities
- Administers children and adult Medicaid waiver programs
- Information on Community Centered Boards (CCBs), the single entry point agencies for long-term support for persons with developmental disabilities







**303-866-7450**  
[colorado.gov/cs/Satellite/CDHS-VetDis/CBON/1251579253372](http://colorado.gov/cs/Satellite/CDHS-VetDis/CBON/1251579253372)

### **Easter Seals Colorado**

- Respite, therapy programs, adult day programs and summer camps
- Warm water therapy and aquatic programs
- Employment services/support, transportation assessments



**303-233-1666 x237**  
[eastersealscolorado.org](http://eastersealscolorado.org)

<p><b>Early Intervention Colorado</b></p> <ul style="list-style-type: none"> <li>• Connects families with early intervention services to help infants and toddlers under age three with their development</li> <li>• Spanish resources on website</li> </ul>	<p>1-888-777-4041 <a href="http://eicolorado.org">eicolorado.org</a></p>
<p><b>El Grupo VIDA (Metro Denver)</b></p> <ul style="list-style-type: none"> <li>• Information, referrals and support groups for Spanish speaking parents</li> <li>• Free annual conference in Denver, Thanksgiving dinner, summer picnic</li> </ul>	<p>303-904-6073 <a href="http://elgrupovida.org">elgrupovida.org</a></p>
<p><b>EMPOWER Colorado</b></p> <ul style="list-style-type: none"> <li>• Support, education and advocacy for families of children/youth who have social, emotional or mental health challenges</li> <li>• Statewide internet listserv connecting families; support groups</li> </ul>	<p>1-866-213-4631 <a href="http://empowercolorado.com">empowercolorado.com</a></p>
<p><b>Family Voices</b></p> <ul style="list-style-type: none"> <li>• Assists families in navigating health care including Medicaid, Medicaid waivers and private insurance</li> <li>• Training and advocacy for families of children with special health care needs</li> </ul>	<p> 1-800-881-8272 <a href="http://familyvoicesco.org">familyvoicesco.org</a></p>
<p><b>Guardianship Alliance of Colorado</b></p> <ul style="list-style-type: none"> <li>• Information and referral on guardianship of adults, including a volunteer guardianship matching program</li> <li>• Training for those seeking to become a guardian for an adult family member</li> </ul>	<p>303-228-5382 <a href="http://guardianshipallianceofcolorado.org">guardianshipallianceofcolorado.org</a></p>
<p><b>Health Care Program for Children with Special Needs (HCP)</b></p> <ul style="list-style-type: none"> <li>• Regional offices serve children with special needs age birth to 21</li> <li>• Provides developmental screenings</li> <li>• Helps families to find a doctor, programs, medical resources and support groups in their community</li> </ul>	<p>303-692-2370 <a href="http://colorado.gov/cs/Satellite/CDPHE-PSD/CBON/1251617590646">colorado.gov/cs/Satellite/CDPHE-PSD/CBON/1251617590646</a></p>
<p><b>Kids Mobility Network</b></p> <ul style="list-style-type: none"> <li>• Provides durable medical equipment for families who are underinsured or uninsured</li> </ul>	<p> 303-866-7450 <a href="http://kidsmobility.org">kidsmobility.org</a></p>
<p><b>Parents Encouraging Parents (PEP)</b></p> <ul style="list-style-type: none"> <li>• Free family-centered education-focused conference offering support, information and training to both parents and professionals</li> <li>• Includes lodging and meals; held three times/year</li> </ul>	<p>303-866-6846 <a href="http://www.cde.state.co.us/cdesped/PEP.asp">www.cde.state.co.us/cdesped/PEP.asp</a></p>
<p><b>PEAK - Colorado's Parent Training and Information Center</b></p> <ul style="list-style-type: none"> <li>• Statewide parent advisors who provide information about the special education process and parent's rights</li> <li>• Trainings on a variety of topics including Understanding IEPs</li> <li>• Inclusion resources and annual conference for parents and school personnel</li> </ul>	<p> 1-800-284-0251 <a href="http://peakparent.org">peakparent.org</a></p>
<p><b>The Legal Center for People with Disabilities and Older People</b></p> <ul style="list-style-type: none"> <li>• Advice, education and advocacy on the legal rights of people with disabilities</li> <li>• Publishes <u>Everyday Guide to Special Education Law</u> and more</li> </ul>	<p> 1-800-288-1376 <a href="http://thelegalcenter.org">thelegalcenter.org</a></p>

The WHERE DO I START? series is available for downloading in English and Spanish at [p2p-co.org](http://p2p-co.org)

#1 General Resources  
#2 Disability Specific Resources  
#3 The Three P's: P2P, PEAK, PEP



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